To Purchase Super B, Visit:
www.AromatherapyLiving.com
or call Diana Ewald at 407.399.8562
Young Living Independent Distributor #534462

Super B™

PRODUCT INFORMATION PAGE

Product Summary

Super B is a comprehensive vitamin complex containing eight essential and energy-boosting B vitamins: B1, B2, B3, B5, B6, B7, B9, and B12. The complete B-vitamin profile in Super B not only assists in maintaining healthy energy levels, it also supports the nervous system, aids in maintaining normal cardiovascular function, and helps with internal enzyme reactions. With the new addition of B5, Super B now also assists with mood support.

Combined with three key minerals—magnesium, zinc, and selenium—the Super B formula catalyzes vital chemical-metabolic reactions, thereby facilitating B vitamin absorption. Because B vitamins are interdependent, a supplement like Super B is highly recommended for multi-function support in the body.

Primary Benefits

+ Supports healthy energy levels.
+ Helps with normal, overall cardiovascular health and function.
+ Improves on a positive outlook and enhances mood.
+ Supports the nervous system and aids in normal digestive function.
+ Helps internal enzyme reactions that control circulation, hormones, and overall health.
+ Supports proper nutrient absorption for needed energy control.

Who Should Take Super B

+ Male or female adults who are looking for more energy and stamina.
+ Any person who needs assistance with mood support.
+ Any person who wants to support cardiovascular, digestive, or nervous system function.
+ Any person who wants to ensure balanced B vitamin intake.

Suggested Use

+ Take 1 tablet daily with a meal.

Cautions

+ If pregnant, nursing, taking medication, or if you have a medical condition, consult a healthcare professional prior to use.

Complementary Products

+ True Source™
+ NingXia Red®

Supplement Facts

Serving Size: 1 tablet
Servings Per Container: 90

Amount Per Serving		%DV
Thiamin (vitamin B1)(as thiamin HCl)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1471%
Niacin (vitamin B3)(as nicotinic acid and niacinamide)	35 mg	175%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folic Acid (vitamin B9)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin (vitamin B7)	150 mcg	50%
Pantothenic acid (vitamin B5)(as d-calcium pantothenate)	15 mg	150%
Magnesium (as magnesium oxide)	25 mg	6%
Zinc (as zinc gluconate)	5 mg	33%
Selenium (as selenium yeast)	50 mcg	71%
PABA (para amino benzoic acid)		**

**Daily Value (DV) not established.

OTHER INGREDIENTS: Dicalcium phosphate, stearic acid, cellulose, magnesium stearate, and food glaze

Did You Know?

+ Only one Super B tablet a day gives you all of the B vitamins you need.
+ B vitamins help create energy out of food.
+ B5 is often left out of other B vitamin products on the market, but it is an important component in Young Living's Super B.
+ Folic acid is one of the B vitamins found in this supplement. The body needs folic acid to make red and white blood cells, platelets, new DNA in cells, and nerve cells. Folic acid is also important in the development of a fetus.

Key Scientific Studies

J. McEneny, C. Couston, B. McKibben, I.Young, J. Woodside, "Folate: in vitro and in vivo effects on VLDL and LDL oxidation," International Journal for Vitamin and Nutrition Research. Jan, 2007; 77:66–72.

KS. McCully, "Homocysteine, vitamins, and vascular disease prevention," Am J Clin Nutr. Nov, 2007; 86:1563S–8S.

A. Mangoni, R. Sherwood, B. Asongany, E. Ouldred, S. Thomas, S. Jackson, "Folic acid: a marker of endothelial function in type 2 diabetes?" Vascular Health and Risk Management, 2005; I:79–83.

J. Selhub, L. Bagley, J. Miller, I. Rosenberg, "B vitamins, homocysteine, and neurocognitive function in the elderly," Am J Clin Nutr 2000; 71:614S–20S.

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Product Information

Super B Tablets – 90 ct.

Item No. 3240

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